Reasons of Age Holidays Requiring Contraception But Do Not Use Contraceptive Equipment in Blawe Village Purwoasri District Kediri Regency

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ABSTRACT

Women who do not want to use contraception in the future generally suggest reasons related to birth control, such as health problems. Source of service is too far, and the cost is too expensive. Meanwhile, among married men who do not want to use contraceptive devices, the most reported reason is because they are afraid of side effects. The purpose of this study is to describe the reasons for fertile couples who need contraceptives but do not use contraception. This research is descriptive research. Variable in this research is single variable that is Reason Age Couple Age. In this research, nonprobability sampling with sampling technique saturated data sampling. all couples of childbearing age who need contraception but not using contraceptives recorded in Blawe Village Purwoasri Subdistrict Kediri Regency as many as 20 people. The research quisioner research instrument was conducted on February 18-21, 2016, data analysis of percentage frequency distribution. The results of the study of 16 respondents almost entirely (81%) or 13 respondents argued because of the prohibition of religion. A small number (13%) or 2 respondents reasoned for fear of side effects. Almost all of the respondents have a belief that using contraceptives is unlawful, because they think it will kill something that lives like a sperm.

I. Introduction

Indonesia Demographic Health Survey (IDHS) in 2012 showed that the unmet need for family planning is 9%, consisting of 5% for birth control and 4% for birth spacing. Figures unmet needs of family planning remains unchanged to this day. Children in a household has a very important meaning in a family, because the next generation offspring in the family. The inability to have a child to be a problem for married couples, but having a child with a large number of good quality was not followed would create serious problems for every couple. It also can occur in unmet demand for family planning (FP). One of the best ways to measure the resistance to the family planning program is to ask the women and men of the reasons why they did not use contraception.
In the 2012 Demographic and Health Survey provides information on the distribution of the percentage of couples of childbearing age who do not wear contraceptives currently do not intend to use contraception in the future, according to the reason not to use contraception and age (IDHS 2012). Women who do not want to use contraception in the future in general put forward for reasons related to family planning tools, such as health problems.

Source services too much, and the cost is too expensive (26%). Meanwhile among married men who do not want to use the tool / method of contraception, the most reported reason is because they are afraid of side effects (31%). While the reasons for the ban on religion, the woman's reason for the ban on religion as much as 3% and men who argued for a ban on religion as much as 5% (IDHS 2012).

Contraception is an effort to prevent pregnancy. Use of contraception in couples of childbearing age is needed. Which includes couples of childbearing age is a pair whose wife aged between 15-49 years (Ida .B.2010: 12). The population growth in Indonesia is very rapidly increasing number, most of the increase of population is not accompanied by adequate quality. This phenomenon is feared may pose a serious problem for a country.

Development of family welfare is an effort to improve the quality and durability of each family in anticipation of any negative influences that threaten the integrity of the family as the smallest unit of the most important of the society (Hartanto, 2014: 21).

More than half of all couples of childbearing age who are in the village Blawe who do not use contraceptives. For the things which became a serious problem. Based on the above, a family needs to be counseled thoroughly and evenly in shaping the character of the family who put quality offspring, not with the number of children that a lot. This can be overcome by counseling program Family Planning (KB).

Therefore, I want to examine how the reasons couples of childbearing age who require contraception but do not use contraceptives (unmet need) in the village Blawe Purwoasri District of Kediri. EFA is iastrinya married couples between the ages of 15-49, in this case, including his wife married couples aged under 15 and are menstruating or more than 49 years and still menstruating. (Ida .B.2012: 12). unmet Needis the need for family planning (KB) are not met. The size of the unmet need for family planning (unmet need) is defined as the percentage of married women who do not want any more children or want to space the next birth, but do not use contraceptives. Couples of fertile age (EFA) Goals For Family Planning Program (KB). (IDHS 2012).

Reasons pair of Eligible Requiring Contraceptive But, There is some belief that says that it is unlawful to use contraception because they think life will turn off something like sperm. Therefore, there are a few of the worldview that does not allow to use contraception with a tool. Because of his belief that so many people believe they have as many offspring who also worship and will get the reward.
Women's health in the life cycle is influenced by biological factors, cultural, behavioral, and social. Mortality and morbidity in women is more influenced by biological factors. One role of biological factor is a hormone. In the life cycle and reproduction are aged 15-49 years from puberty to menopause is inseparable from the role of the hormone estrogen. The estrogen hormone will decrease the symptoms with age. The impact of the decline in these hormones affect women's health. In addition to biological factors are confounding factors, namely physical health, genetics, exposure, environment, diet and access to health services.

For reasons related to the IUD is a matter of health. Health problems are also included in the reasons couples of childbearing age who require contraception but do not use contraceptives.

Distance-site service with home too much so that people are lazy to go to the place of service. Efforts have been made in the implementation of programs to increase access to targeted segments and the segment area. Improved quality through: promotion, dissemination and IEC. Competence skills providers (training, orientation, refreshing), facilities and infrastructure of government and private health care, the provision of services. Increased partnership through the expansion of a network with hospitals / clinics in service with the mass media.

To address this need increased access to and quality of family planning services. By creating a map of goals Unmet Need per district / city (Mini Survey) and the result of a family of data collection (national cultivation). Optimization of planning programs hospital, community health center services (HEALTH) and Private Practice Midwife (CPM), which is run by a village midwife. By monitoring conducted by making it easy to conduct a survey to determine which access has been no place health services

The reason for the cost is too expensive, Costs are too expensive to be the reason couples of childbearing age not taking contraceptives In rural areas the population on average earn slightly below average. Employment is rare in the countryside, so that a person's livelihood slightly. While the tools used for contraception is relatively expensive. She earns too little, so that makes the reason couples of childbearing age not taking contraceptives are too expensive.

Above one of the reasons why couples of childbearing age do not use contraceptives. Reasons for not comfortable with the use of contraceptives have ever used before, with some examples of contraceptive above. Goal reason for this is the couples of childbearing age who have been taking contraceptives, but they do not wear anymore because they feel uncomfortable.

This target also in couples of childbearing age who've never use contraceptives. After taking the contraceptive couples of childbearing age to be thin, so it does not continue longer use contraceptives.

This target also in couples of childbearing age who've never use contraceptives. After taking the contraceptive fertile couples become obese, so it does not continue longer use contraceptives.
II. Method

This research uses descriptive design (descriptive research) is a type of study that seeks to explain the status of the locus of study (Thomas et al, 2010). This research used cross sectional approach where the emphasis on the measurement of time independent and dependent variable data only once, at a time. (Nursalam, 2010). The sample in this study were all couples of childbearing age who require contraception but do not use contraceptives recorded in the Village District of Purwoasri Kediri Blawe as many as 20 people.

III. Results

In this chapter will be presented the results of research and discussion about why couples of childbearing age who require contraception but do not use any contraception in sub-district village Purwoasri Blawe Kediri district, held on 18-21 February 2016.

Data retrieval is done to 20 respondents of couples of childbearing age who do not use contraceptives. Of the 20 couples of childbearing age who are currently pregnant do not want to plan is 16 respondents. So the total population of this research is 16 respondents. This research was conducted by visiting the houses one by one or by the term door to door. After that perform direct interviews with respondents. Researchers read the question has itself created after the respondent to answer the researchers recorded the answers of the respondents.

General 4.1 Data

4.1.1 Number of Children Respondents

Distribution of the number of children of the respondents in the village Blawe Purwoasri District of Kediri can be seen in the pie chart below:

![Pie Chart](image)

Figure 4.1 Distribution Number of Children Owned by Respondents in the village Blawe Purwoasri District of Kediri Regency period February 18 to 21, 2016.

Based on the diagram 4.1 shows that 16 respondents almost entirely (94%) or 15 respondents have > 2 children, and a small part (6%) or 1 respondent had \(\leq 2\) children.
4.1.1 Respondents Age Wife

The age distribution of the respondents in the village wives Blawe Purwoasri District of Kediri can be seen in the pie chart below:

Diagram 4.2 Minimum Distribution wife in the village Blawe Purwoasri District of Kediri Regency period February 18 to 21, 2016.

Based on the diagram 4.2 shows that a large majority of 16 respondents (69%) or 11 respondents aged between 16-35 years, a fraction (31%) or 5 respondents aged ≥ 35 years, and none (0%) or 0 respondents aged ≤ 16 years.

4.1.1 Age of Children Smallest Respondents

The age distribution of the respondents in the youngest children Blawe village Purwoasri District of Kediri can be seen in the pie chart below:

Diagram 4.3 Distribution Age of Children smallest village Purwoasri Blawe District of Kediri Regency period February 18 to 21, 2016.

Based on the diagram 4.3 shows that out of 16 respondents half (50%) or 8 respondents youngest child aged ≤ 2 years, and half (50%) or 8 respondents youngest child aged> 2 years.

4.1.2 Custom Data

4.1.2 Reasons pair of Eligible Requiring Contraceptive but Not Using Contraceptives

Distribution of the reasons couples of childbearing age who require contraception but do not use contraceptives in the village Blawe Purwoasri District of Kediri can be seen in the pie chart below:
Based on the diagram 4.4 shows that out of 16 respondents are almost entirely (81%) or 13 respondents argued for a ban on religion.

4.2. Discussion

From the results, almost all (81%) or 13 respondents argued for a ban on religion (Figure 4.6). Almost entirely of respondents have confidence that using contraception was unlawful, because according to them will turn off something alive like sperm. Because of his belief that so many people believe to have children as much as possible is also a worship and will get the reward. In the opinion of the scholars is as follows: in the Qur'an it says: "Marry women who are more compassionate more children, because actually I competed in a lot of people with other peoples on the Day of Judgment (in another narration: with the prophets on the day of Judgment) ". [Sahih Hadith narrated by Abu Dawud, 1/320, 2/71 Nasa'i, Ibn Hibban no. 1229 Judge 2/162 (see takhrinjya in Al-Insyirah p.29 Adazbuz Zifaf page 60); Baihaqi 781, Abu Nu'aim in Al-Hilyah 3 / 61-62]. Because the people that require significant amounts, so they worship God, strive in His way, to protect the Muslims-with the permission of Allah, and Allah will keep them and trickery of their enemies. It is obligatory to leave this matter (birth control), do not allow it and do not use it except for emergencies. If in an emergency there is no blame, such as: The wife was afflicted in her womb, or other limbs, so dangerous if they become pregnant, then why (using pills) for this purpose. Likewise, if you already have many children, while the wife mind if pregnant again, it is not forbidden to consume the pills within a certain time, like a year or two years in the breastfeeding period, so it feels lighter to re pregnant, so that he could educate appropriately. As if its use with a view to concentrate on a career or to live happy or anything else similar to it, as do most women today, then it should not be ". [Fataawa Mar'ah, compiled by Muhammad al-Musnad, Darul Wathan, first printing 1412H]. This belief makes it hard to change their view about the use of contraceptives. Almost entirely of couples of childbearing age who have been examined by me they have their own group. They have a boarding school in the village. Because of the shared belief that they hold firmly with religion that prohibits them from taking contraceptives. Therefore, they do not use contraceptives.

A small portion (13%) or 2 respondents argued for fear of side effects (Figure 4.6). A small portion of respondents take the view that contraception can cause side effects. Side Effects of Condoms: if there are allergic to rubber condom which can be dangerous on your genitals. Pill Side Effects: Can cause your weight goes up or down, Breast feels tight, Nausea, Vomiting, Depression. Injection Side Effects:
Menstruation becomes irregular, weight gain and fertility recovery is rather slow, headache, breast pain, acne, hair loss. Side Effects of Intra-uterine device (IUD) or Spiral: menstrual cycles (periods) are often 'surprising', Haid become longer and more, bleeding spots (spotting) between the menstrual cycle, menstrual cycles become shorter, sometimes painful menstruation more than usual, Immediately after installation can occur abdominal pain / cramps. Side Effects Implants (implant): Changes in the pattern of menstruation in the form of spotting (spotting), Hipremenorea, or increasing the amount of menstrual blood, Increase / decrease in body weight, breast pain, Nausea, Dizziness head, change the feeling (mood) or anxiety. Possible infection in the scar installation, Hair loss, sexual passion down, Acne, Depression. The side effects feared by respondents include periods become irregular periods become longer and more, spotting, and others. Nausea, dizziness head, change the feeling (mood) or anxiety, likelihot of infection in the scar installation, Hair loss, sexual passion down, Acne, Depression. The side effects feared by respondents include periods become irregular periods become longer and more, spotting, and others.

Most smaller (6%) or 1 respondent argued for fear of becoming obese (Figure 4.6). According to the theory of the hormones progesterone and estrogen can make weight gain. And hormone-containing contraceptives are injections, pills, IUDs and implants which contain hormones. The reason for such obese respondents disclosed because they had heard of the stories of others and the respondents also had been taking injectables after using these tools they become obese. Hearing the stories of people and their own experience of respondents argued not use contraceptives because of fat. We can change their views on contraception that not all of the tools kontraspeai make fat. We explain mengenei side effects of other contraceptives that no hormones.

No respondents justified because of health problems, because it is too far, because it is not comfortable, because being thin, because the cost is too expensive and because of other reasons.

IV. Conclusion

Based on the results of a study entitled reason couples of childbearing age who require contraception but do not use any contraception with the number of 16 respondents. Held on 18-21 February 2016 in the village Blawe Purwoasri District of Kediri. Obtained almost entirely (81%) or 13 respondents argued for a ban on religion, a minority (13%) or 2 respondents argued for fear of side effects, some smaller (6%) or 1 respondent argued for becoming obese, none (0% ) or 0 respondents justified because of health problems, lack of access to / too much, is not convenient, the cost is too expensive, scared skinny, and others

Suggestion

Respondents
With the results of respondents' reasons for the ban on religion, then the respondent should pay attention to the welfare of their families if they have an excuse like that respondent had to be overcome was coming later. Whatever the problem is going to happen they need to be ready when they're not paying attention to the work done by health personnel.

Research Sites

To place the Village Blawe research Purwoasri District of Kediri, village midwife in the village of Blawe should continue the spirit to continue to motivate the respondent so that long-term use contraceptives for the welfare of their own families and the general public respondents Indonesia

References


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